



**SUNDAY 16.9**

**14:00-16:00**

# **HERBAL WORKSHOP**

**Learn how to make your own herbal remedies**

Come and enjoy hands-on learning with me. We will work together in a friendly and relaxed atmosphere. I will show you how easy it is to take your health back into your own hands.

**Herbalist's  
Apprentice  
Weekend!**

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**Herbal Basics and  
First Aid Kit Starter**

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**Only 6 spots  
available so RSVP  
soon!**

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**Enjoy great  
company,  
refreshments and  
leave with practical  
knowledge!**

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**Cost: 300 kc per  
person**

**KRISTA'S HERBARIUM**  
U 1165 Hluboka nad Vltavou

739 877 924

kristasherbarium.com

kristasherbarium@gmail.com



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